

RYAN J. LANMAN, DDS, MSD
3621 NW 63RD STREET, SUITE I
OKLAHOMA CITY, OK 73116

HOME CARE FOLLOWING IMPLANT SURGERY

Expect some "oozing" of blood during the first twelve (12) hours from the surgery site.

If necessary, maintain gentle biting pressure on gauze until bleeding has stopped.

Take all medications exactly as directed. It is usually best to take 600-800mg Ibuprofen before the numbness wears off.

Do not brush or floss the teeth next to the area where an implant has been placed until the healing has been checked and the stitches removed. Use the PERIOGARD rinse to control the plaque build-up every 12 hours for one week.

Use a cool liquid-soft diet today. Resume normal diet tomorrow, but chew on the opposite side. Avoid hard or crusty foods, especially in the area of the implants.

Please call the office if you have any questions or if anything seems unusual.

Office: (405) 840-2834 or Dr. Lanman: (405) 312-7066